

TOBACCO USE

Current cigarette smokers:

- Nineteen percent of Montana adults in 2000 reported that they currently smoked cigarettes.
- The prevalence of smoking among Montana adults has remained virtually unchanged since 1990.
- Only 10% of adults aged 65 and older were current smokers; substantially less than adults in younger age classes ($\geq 18\%$).
- Self-reported smoking was inversely associated with education and annual household income levels. Less than 11% of adults with a college degree or adults with annual household incomes of \$50,000 or more reported that they currently smoked cigarettes.
- Substantially more non-white or Hispanic adults (34%) reported that they smoked cigarettes than white non-Hispanic adults (18%).

Note: A current smoker is defined as someone who has ever smoked 100 cigarettes and who now smokes every day or some days.

Quit smoking for at least one day in past year:

- In 2000, 52% of current smokers who smoked every day reported that they quit smoking for at least one day in the past year.
- Age, educational attainment and household income levels had little impact on reported efforts to quit smoking for at least one day in the past year for current adult smokers in Montana.

Current smokeless tobacco users:

- Six percent of Montana adults reported that they currently used smokeless tobacco in 2000.
- Self-reported smokeless tobacco use among Montana adults has remained approximately the same since 1990.
- Substantially more males reported using smokeless tobacco (13%) than females ($< 1\%$).
- Self-reported smokeless tobacco use was highest among 18 to 54 year olds ($\geq 7\%$), while less than 3% of adults aged 55 and older reported using smokeless tobacco.

Note: A current smokeless tobacco user is one who reported that they currently use chewing tobacco, snuff, or both.

Healthy People 2000 Objectives:

- 3.4 Reduce cigarette smoking to a prevalence of no more than 15 percent among people aged 18 and older.**
- 3.5 Increase to at least 50 percent the proportion of cigarette smokers aged 18 and older who stopped smoking cigarettes for at least one day during the preceding year.**

Healthy People 2010 Objectives:

- 27-1a Reduce cigarette smoking by adults (to at least 12%).**
- 27-5 Increase smoking cessation attempts by adult smokers (to at least 75 percent).**

Table 12. Tobacco Use, Montana Adults, 2000 (with 95% confidence intervals).

	Current smoker			Quit smoking for at least 1 day*			Current smokeless tobacco user		
	Total No.	WT.%	CI	Total No.	WT.%	CI	Total No.	WT.%	CI
All Adults:									
2000	3011	18.8	17.0-20.6	549	52.4	46.6-58.2	3015	6.3	5.1-7.5
Sex:									
Male	1287	18.0	15.2-20.7	214	54.9	45.7-64.0	1287	12.6	10.2-15.0
Female	1724	19.7	17.3-22.1	335	50.3	43.0-57.6	1728	0.3	0.0-0.6
Age:									
18-24	228	17.6	12.1-23.1	44			229	7.2	3.1-11.2
25-34	418	25.3	19.7-30.9	81	61.5	47.8-75.1	417	9.8	6.6-13.0
35-44	675	18.3	14.5-22.1	128	45.9	33.6-58.2	677	9.2	5.9-12.4
45-54	644	20.6	16.7-24.5	131	44.5	33.2-55.9	644	7.1	3.8-10.4
55-64	416	22.5	17.4-27.6	100	41.5	28.5-54.4	417	2.8	0.8-4.7
65+	626	10.3	7.2-13.3	65	52.8	36.4-69.2	627	1.0	0.2-1.9
Education:									
<High School	285	30.6	22.7-38.6	93	53.3	37.9-68.8	286	4.6	1.6-7.6
High School	977	23.9	20.3-27.4	211	55.6	46.8-64.4	977	8.4	5.9-11.0
Some College	906	18.9	15.5-22.3	170	50.5	39.9-61.1	906	5.0	3.1-6.9
College Degree	841	10.3	7.8-12.7	74	45.8	30.7-60.9	844	5.8	3.6-8.1
Income:									
<\$15,000	289	29.0	22.2-35.8	93	57.8	44.3-71.2	289	4.1	0.4-7.8
\$15,000 - \$24,999	634	31.3	26.3-36.2	169	57.6	47.3-68.0	636	4.7	2.6-6.7
\$25,000 - \$49,999	899	18.0	14.8-21.3	143	40.8	30.3-51.2	902	8.8	6.3-11.4
\$50,000 - \$74,999	321	9.3	5.7-12.9	33			321	8.3	3.5-13.2
\$75,000+	200	11.5	6.2-16.7	24			199	3.5	0.5-6.4
Race:									
White, non-Hispanic	2596	17.6	15.7-19.5	420	50.9	44.5-57.3	2598	6.3	5.0-7.6
Non-white or Hispanic	405	34.3	27.4-41.2	127	63.3	50.7-75.9	407	7.1	3.4-10.7

* Denominator is current smokers who smoke everyday

Figure 11. Tobacco Use, Montana Adults, 1990-2000.

